



Downtown Salisbury, Inc.

Unique Shops, Antique Stores
Museums and Galleries
Festivals and More!

Explore Historic Downtown Salisbury!

Earth Night Out

Friday, April 16th, 5-9 p.m.

Historic Downtown Salisbury, NC

Environmental demonstrations, activities, and programs.
Lots of Earth Day events around town – call for details!
Music, shops open late, children's activities, and more.

Spring Night Out

Friday, May 7th, 5-9 p.m.

Historic Downtown Salisbury

Kid's area, trolley rides, classic cars, music, more.
Shops open late - find that special gift for Mom for Mother's Day!
Dads, get your Kannapolis Intimidators "Salisbury Night" tickets!

Pops at the Post

Saturday, June 5th, begins at sunset

Salisbury Post loading dock, S. Church St.

An outdoor concert by the Salisbury Rowan Symphony
6th annual free concert hosted by
Salisbury Post, Salisbury Symphony, City of Salisbury

Krazy Night Out

Friday, July 16th, 5-9 p.m.

Historic Downtown Salisbury

Part of annual Krazy Klearance, a 3-day sidewalk sale.
Fun for kids, late night shopping, Wacky Doo the Clown, more!
Music and entertainment around Downtown!

Summer Night Out

Friday, August 6th, 5-9 p.m.

Historic Downtown Salisbury

Live music, kids' activities, trolley and carriage rides and more!

For more information about Downtown Salisbury, Inc. events:
www.DowntownSalisburyNC.com

(704) 637-7814



Salisbury Parks &
Recreation Department

Spring and Summer 2010

March & April & May

June & July & August



For more information please call:

(704) 216-PLAY

or visit our website at:

www.salisburync.gov/pkrec



Mission Statement
To provide quality leisure services through safe, attractive, maintained parks and diversified programs that meet the current and future needs of the community...along with our continued commitment of providing excellent customer service.



TABLE OF CONTENTS

Special Events	3-4
Summer /Specialty Camps	5-10
Lincoln Pool	11
Youth Programs	12-17
Adult Programs	18-20
Family/Tennis programs	21-25
Athletics Youth	26-27
Athletics Adult	28-30

PHONE NUMBERS

Administration (Shelters/Fields) 132 N. Main Street	(704) 638-5291
City Park Center 315 Lake Drive	(704) 638-5295
Civic Center 315 S. Martin Luther King Jr. Avenue	(704) 638-5275
Hall Gym 1400B W. Bank Street	(704) 638-5289
Miller Center 1402 W. Bank Street	(704) 638-5297
Maintenance Operations 1015 S. Martin Luther King Jr. Avenue and Ryan Street	(704) 638-4481

OPEN HOUSE

Come join us at the Civic Center on Thursday, March 18 and join us at Miller Center on Thursday, May 6 from 5:00-7:00 p.m. During this time you may register for programs offered at any of our four facilities: City Park, Miller Center, Hall Gym and the Civic Center. You will also have an opportunity to talk to staff and enjoy some light refreshments!!!


PLAYGROUND PROGRAM

Come to Jersey City, Cannon, Long Street or Lincoln Park for fun games, crafts and more. Lunch will be provided through the Summer Lunch Program. This program is for youth ages 5-17.


Dates: Monday-Friday, 6/14-8/13

Times: 10:00 am.-1:00 p.m. **Cost:** no charge






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- Video
- Research
- Design
- Media buying
- Interactive

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Salisbury, NC 28144

704.637.5363
millerdavisagency.com

4th Annual Mother and Son Dance

Mothers grab your sons and come enjoy a special night! This event will be a classy evening of dancing, food and more. Only a limited amount of tickets will be sold. Tickets available at Civic Center, Miller Center and City Park Center.

Date: Saturday, 3/20

Time: 6:00-9:00 p.m.

Cost: \$6 sons/\$8 moms

TSS Photography will be available for photos beginning at 5:30 p.m.

No tickets will be sold at the door. Tickets go on sale 2/8/10

Location: Civic Center

Earth Day on the Greenway Exploratory

Seven interactive environmental education stations will be established along the Greenway to teach our children and families the importance of natural resources and how we can conserve these valuable resources while enjoying the environmental benefits. Volunteer instructors wishing to participate please call Paul at 704-638-5295.

Date: Monday, 4/12 Rain date: Tuesday, 4/13

Time: 9:00 a.m.-11:30 a.m.

Location: Salisbury Greenway near Overton Elementary no charge

Touch A Truck

Come celebrate our fourth annual Touch a Truck event. Participants of all ages will have an opportunity for an up close and personal, hands on, educational experience to explore a wide variety of vehicles. Sir Purr will appear from 11:00 a.m.-12:00 noon sponsored by Ultimate Sports Apparel. If you have an interesting or fun vehicle that you would like to display please call Vivian at 704-638-5295.

Date: Saturday, 4/17 **Time:** 10:00 a.m.-1:00 p.m.

Location: Downtown Salisbury –First Bank Parking Lot
no charge



4th Annual Middle School Prom

Fourth annual middle school prom hosted by Miller Recreation Center. Students get to dress up and enjoy dancing, eating and socializing with other middle school students. This event will sell out quick so get your tickets early. Purchase tickets in advance at Miller Center or City Park Center. No tickets will be sold at the door.

Day: Saturday

Date: 5/15

Time: 6:00-10:00 p.m.

Cost: \$10.00 per person

Location: City Park Center-contact Miller Center for more information.

**All classes must be registered and paid for no later
than one week in advance of class date.**

SPRD and Kiwanis Junior Open (USTA Sanctioned)

Instructor: Alan Singerman, Head Referee

This USTA sanctioned junior singles and doubles tennis tournament is for boys and girls 18/under, 16/under, 14/under, 12/under, and 10/under. Each player is guaranteed two matches for the singles play. Doubles will be single elimination.

Dates: Friday, Saturday and Sunday, 6/18 - 6/20 **Time:** TBD**Cost:** \$28.00 one event \$33.00 two events**Comments:** Players must be USTA members to enter.Registrations are only accepted online at www.nctennis.com

Tournament ID #: 703909310

Entries Accepted Beginning: 4/26 **Entry Deadline:** 6/14 by 11:59 p.m.**Location:** City Park tennis courts

All American Kids Fishing Derby at the Salisbury Community Park
Salisbury Parks and Recreation is hosting its annual Kids Fishing Derby at the Salisbury Community Park. Kids are invited to come out and fish to win fun prizes. Bring your fishing rod and meet us at the lake for a fun day of fishing.

Day: Saturday**Cost:** no charge**Date:** 6/19**Time:** 9:00 a.m.- 12:00 p.m.**Location:** Salisbury Community Park Lake-contact Miller Center for more information.

**13th Annual Run/Walk for the Greenway 5k
and Half Mile Fun Run on the Salisbury Greenway**

Annual 5k race is on a certified 3.1 mile course that follows a portion of the Salisbury Greenway. Pre-registered participants are guaranteed a cool dry shirt. There are 12 age divisions. All proceeds benefit the Salisbury Greenway. The 1/2 mile Fun Run will begin at 8:45 a.m. for children 12/under and 8/under.

Date: Saturday, 7/24**Time:** 8:00 a.m.**Cost:** \$20.00 pre-registration by 7/21

\$25.00 day of race, starting at 7:00 a.m.

\$5.00 and \$10.00 Fun Run

Location: Knox Middle School / Salisbury Greenway**Dog Days of Summer**

It's all about the dogs! Come to Forest Hills Park and have a dog gone good time. Local vets, groomers, trainers, etc. will be on site to offer great advice and instruction on the best care for your pet. We will have demos and lots of fun activities. No charge
Dog corral available for your canine to roam. All dogs must be on a six foot leash and have proof of current rabies vaccination in the form of a valid tag or certificate upon arrival.

Date: Sunday, 8/22**Time:** 2:00-5:00 p.m.**Location:** Forest Hills Park

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Park Partners

Salisbury Parks and Recreation would like to thank our Park Partners. Their generous donations and continued support provide funding for brochure printing, event advertising and strong community outreach.

Their outstanding dedication to the citizens of Salisbury and surrounding area is greatly valued. You will find their ads displayed on the following pages of this booklet.

Thank you for patronizing our Park Partners.

To learn more about becoming a Park Partner please call the Marketing Division at (704) 638-4460.



www.fmbnc.com

Locations:

Faith

Rockwell

Granite Quarry

Salisbury - Avalon

Salisbury - North Main

Salisbury - Trinity Oaks

Salisbury - Statesville Blvd

Salisbury - Jake Alexander

Concord - Church Street

Kannapolis - Dale Earnhardt Blvd

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Salisbury Parks &
Recreation Department

For more information, please
call Salisbury Parks &
Recreation at

(704) 216-PLAY

or visit

www.salisburync.gov/pkrec

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SUMMER/SPECIALTY CAMPS FOR YOUTH

Summer Pre-Camp

Start the summer off right with an exciting pre camp at Miller Center. This day will be fun and get you ready for an exciting rest of the summer.

Date: Friday, 6/11

Time: 7:30 a.m.-5:30 p.m.

Resident cost: \$15.00

Non-resident cost: \$30.00

Location: Miller Center

Family discounts available

Super Summertime Camp at City Park Center

Exciting ten (10) weeks of summer camp for youth ages 5-12. This camp offers educational and recreational activities, arts and crafts, swimming, games, team building, and field trips. Breakfast and lunch is provided! View our Parent /Participant Information guide at: www.salisburync.gov/pkrec

Dates: Monday-Friday, 6/14 - 8/20

Times: 7:30 a.m.-5:30 p.m.

Resident cost: \$65.00 week

Non-resident cost: \$130.00 week

Registration begins: Monday, 5/3 (city residents only)

Thursday, 5/6 (open registration)

Location: City Park Center

Super Summer Camp at Miller Center

Many summer camp programs are out there but Miller Center has the best! We offer many educational, fun activities and trips. If you need a safe structured place for your child to have a great summer, this is it! Breakfast and lunch provided. Space limited. First come first serve basis.

Dates: Monday-Friday, 6/14- 8/24

Times: 7:30 a.m.- 5:30 p.m.

Resident cost: \$65.00 week

Non-resident cost: \$130.00 week

Registration begins: Monday, 5/3 (city residents only)

Thursday, 5/6 (open registration)

Location: Miller Center



Baseball Camp at Salisbury Community Park

Instructor: Tommy Small

This baseball camp is designed for youth ages 8-13. Instruction will be given on pitching, hitting, fielding and base running. Campers will participate in skill development sessions as well as live game instruction. Camp staff will include local college and high school players.

Dates: Monday-Friday, 6/14-6/18

Times: 9:00 a.m.-1:00 p.m.

Resident cost: \$40.00 week

Non-resident cost: \$80.00 week

Location: Salisbury Community Park

NBA Babies Basketball Camp

Instructor: Coach Blaire

This basketball camp is designed for boys and girls ages 4-7. Lace up those shoes and come learn the basic fundamentals of basketball. Campers will participate in skill development sessions as well as live game instruction.

Dates: Monday-Friday, 6/14-6/18

Times: 10:00 a.m.-1:00 p.m.

Resident cost: \$40.00

Non-resident cost: \$80.00

Location: Hall Gym

www.salisburync.gov/pkrec

Speed Dynamic Camp (ages 7-18)

Instructor: Coach Robert Steele

Need to edge your competition? Let a legendary state champion coach show you how its done. Hall Gym is offering a speed and agility camp to increase your quickness and strength that will benefit you in any sport you play.

Dates: Monday-Friday, 6/14-6/18**Times:** 8:30 a.m.-11:00 a.m.**Resident cost:** \$35.00**Non-resident cost:** \$70.00**Location:** camp held at North Rowan High School**Softball Camp**

Instructor: Elizabeth Clarke

Fast pitch softball camp for girls ages 8-14. Instruction will be given on pitching, hitting, fielding and base running. Campers will have skill development sessions as well as live game instruction.

Dates: Monday-Friday, 6/28-7/2**Times:** 10:00 a.m.-1:00 p.m.**Resident cost:** \$40.00**Non-resident cost:** \$80.00**Location:** Salisbury Community Park**Outdoor Adventure Camp at Salisbury Community Park**

The Outdoor Adventure camp is designed for participants to be safely introduced to outdoor adventure and receive an environmental education. Space limited to 12 per week for ages 8-11 and 12-15 with lunch provided.

Dates: Monday-Friday, 6/21 and 6/28 for ages 8-11

Weeks 7/12 & 7/19 for ages 12-15

Times: 9:00 a.m.-1:00 p.m.**General cost:** \$10.00 per week**Location:** Salisbury Community Park**Bowling Camp**

Instructor: Chuck Powers

Hall Gym would like to invite the youth ages 7-16 for an exciting week of bowling. This program will provide an instructional approach to new bowlers as well as experienced players.

Dates: Monday-Friday, 6/21-6/25**Times:** 9:00 a.m.-12:00 p.m.**Resident cost:** \$30.00**Non-resident cost:** \$60.00**Location:** Woodleaf Lanes**Football Camp**

Instructor: Quentin McDaniel

Football camp is for youth ages 7-13. Instruction will be given on all aspects of the sport of football. This is a great camp for the beginner or experienced player.

Dates: Monday-Friday, 6/21-6/25 **Times:** 9:00 a.m.-12:00 p.m.**Resident cost:** \$40.00 week **Non-resident cost:** \$80.00 week

Camp staff will include local college and high school players.

Location: Hall Gym

Don't Let Gas Prices Get You Down!

PARK IT at Salisbury Parks and Recreation

PARK SITES

Cannon Park

600 Park Avenue

City Park

316 Lake Drive

Fairview Heights

Harrell Street

Forest Hills

230 Grove Street

Greenway

Old Mocksville Road

Jersey City

709 W. Kerr Street

Kelsey Scott

1920 Wilkesboro Road

Lincoln Park/Pool

110 Old Concord Road

Centennial Park

604 Wiley Avenue

Long Street

1515 N. Long Street

Morlan Park

525 Carolina Boulevard

Oakland Heights

1301 Longview Avenue

Towne Creek

315 S. Martin Luther King Jr. Avenue

Salisbury Community Park

935 Hurley School Road

Salisbury Parks and Recreation**Advisory Board Members**

Amy Smith, Chair

Gene Kreuger, Vice Chair

Rev. Glenn Usry

Reid Leonard

Jimmy Greene

James Alexander

Margaret Nobles

Vincia Benjamin

Susan W. Kluttz, City Council Liaison

Do you have a class you would like to teach or a talent you are willing to share? Give us a call at (704) 216-PLAY and we'll make the arrangements!

Women's Open Softball League

Sanctioned softball league for women 16+. Teams will play twelve games with a double elimination tournament at the end of the season.

Dates: Monday-Thursday beginning 6/14 **Times:** 6:00-9:00 p.m.

Cost: \$375.00 per team plus a \$25.00 sanctioning fee payable to USSSA.

Location: Sports Complex

Coaches meeting Thursday, 6/3, 6:30 p.m. at Hall Gym

Adult Coed Softball League

This sanctioned coed softball league is for ages 16+. Teams will play 12 games with a double elimination tournament at the end of the season.

Dates: Sundays beginning 7/18

Times: 1:00-6:00 p.m.

Cost: \$375 team, plus a \$25.00 sanctioning fee payable to USSSA

Location: Sports Complex

Coaches meeting Thursday, 7/8, 6:30 p.m., at Hall Gym

Men's Fall Church League Softball

This is a USSSA sanctioned church softball league for men 16 & over. League fee and sanction paid separately. Teams will play 14 games with a double elimination tournament at the end total of 14 games plus an end of the season tournament.

Dates: Tues. and Thurs. beginning 8/2 **Times:** 6:00-10:00 p.m.

Location: Sports Complex

Cost: \$400.00 per team, plus a \$25.00 sanctioning fee payable to USSSA.

Coaches meeting on 7/17 at 6:30 p.m.

Men's Fall Open League Softball

This is a USSSA sanctioned open softball league for men 16 and over. League fee and sanction fee should be paid separately. Teams will play 16 games with a double elimination tournament at the end of the season.

Dates: Mon. and Wed., beginning 8/2 **Times:** 6:00-10:00 p.m.

Cost: \$450.00 per team, plus \$25.00 sanctioning fee payable to USSSA.

Location: Sports Complex

Coaches meeting Tuesday, 7/22, 6:30 p.m. at Hall Gym

FACILITIES AVAILABLE FOR RENTALS

Salisbury Civic Center, City Park Center, Miller Center and Hall Gym. Call the individual centers for dates, times, prices and availability.

The Civic Center is a great place to hold your next event (wedding receptions, birthday parties, dinner and dances).

Host your next birthday party at Hall Gym. You bring the

supplies and well set the gym up for any sporting activity.

Miller Center and City Park Center

are also available for rentals.

Rotary Quick Start Tennis Camp

Instructor: Jim Schaffer USPTA Pro

This camp is designed to introduce the sport of tennis to youth ages 5-10. By learning Quick Start format, you will be on the court playing the game and having fun within the week. Learn more about quick start by visiting www.quickstarttennis.com.

Dates: Monday-Friday, 6/21-6/25

Times: 9:00 a.m.-12:00 noon

Resident cost: \$60.00

Non-resident cost: \$120.00

Location: City Park tennis courts

Tennis Camp

Instructor: Carl Marlin

Children ages 6-12 come join the fun! Spend a week learning the fundamentals of tennis. Lunch provided.

Dates: Monday-Friday, 6/28-7/2

Times: 8:00 a.m.-1:30 p.m.

Cost: \$35.00

Location: Civic Center tennis courts

Music and Art Camp at Waterworks

Come enjoy a full week of exploring with music and art. This camp is for children ages 5-12 years old and will be held at Waterworks Visual Arts Center. Lunch will be provided. **Participants will meet at the Civic Center and be transported to Waterworks.** Scholarships may be available. (Call 704) 638-5275 for details.

Dates: Monday-Friday, 7/6-7/9

Times: 9:00 a.m.-4:00 p.m.

General cost: \$125.00

Location: meet at Civic Center

**Girls in Action Fitness Camp**

Instructor: Clarissa Best

"Fit Happens", when you know what to do. Certified fitness instructor Clarissa has designed a six week program to keep girls ages 9-14 active and healthy. Come learn the importance of fitness, healthy nutrition and having fun!

Dates: Tuesday-Friday, 7/6-8/12

Times: 9:00 a.m.-1:00 p.m.

Cost: \$20.00 per week

Location: Civic Center

Basketball Camp

Instructor: Quentin McDaniel

Is your child interested in playing basketball? Basketball skill development program is a program that will help your child develop all the necessary skills needed for the game of basketball. Staff includes local college and high school players.

Dates: Monday-Friday, 7/6-7/9

Times: 9:00 a.m.-12:00 p.m.

Resident cost: \$30.00

Non-resident cost: \$60.00

Location: Hall Gym

Animation Camp I

Instructor: Jackie Black

Children ages 8-11 will spend the week learning about and creating clay and paper animation. They will create their own characters, stage props and backgrounds.

Dates: Monday-Friday, 7/12-7/16**Times:** 8:00 a.m.-5:00 p.m.**Cost:** \$65.00**Location:** Civic Center**Creative Craft Camp at Miller Center**

Instructor: Ericka Miner Becton

If you enjoy art or just like being creative, this is the camp for you.

Activities include building, painting, tie-dye and making all sorts of crafts.

Dates: Monday-Friday, 7/12-7/16**Times:** 7:30 a.m.-5:30 p.m.**Resident cost:** \$65.00 week**Non-resident cost:** \$130.00 wk.**Location:** Miller Center

ages 5-12

Martial Arts Camp at City Park Center

Instructor: Larry Dillingham-4th DBBS

Five days of martial arts from world class instructor and Cense Larry Dillingham. Get a taste of one of the fastest growing Japanese Okinawa Karate skills. Benefits include building positive character development, self-discipline, self-respect, self-control and respect for others.

Dates: Monday-Friday, 7/12-7/16**Times:** 9:00 a.m. -1:00 p.m.**Resident cost:** \$50.00 week**Non-resident cost:** \$100.00 wk.**Location:** City Park Center**Soccer Camp**

Instructor: Drew Griffith

Is your child interested in playing soccer? Soccer skill development is a camp that will help your child develop the necessary skills needed for the game of soccer. Camp staff includes local college / high school players.

Dates: Monday-Friday, 7/12-7/16**Times:** 9:00 a.m.-1:00 p.m.**Resident cost:** \$40.00**Non-resident cost:** \$80.00**Location:** Salisbury Community Park**Little Dancer's Camp**

Instructor: Chelsea Rehak

Let's Dance. This half day camp for children ages 5-7 will offer campers the basics in dance. They will learn new moves, styles of dance and dance terms.

Dates: Monday-Friday, 7/19-7/23**Times:** 8:00 a.m.-1:00 p.m.**Cost:** \$35.00**Location:** Civic Center**Cheer Camp**

Come to Miller Center for an exciting week of cheerleading camp. This will be a fun camp for girls to come learn many fundamental cheerleading skills, techniques and routines.

Dates: Monday-Friday, 6/21-6/25**Time:** 9:00 a.m.-1:00 p.m.**Resident cost:** \$40.00**Non-resident cost:** \$80.00 week**Location:** Miller Center**Spring Sling Disc Golf Tournament**

The Spring Sling is our most exciting, yet challenging disc golf tournament at Kelsey Scott Park. Tournament layout will be 2 rounds (36 holes) for all skill levels. Standard disc golf rules apply. Trophies and plenty of closest to the pin and prizes awarded.

Date: Saturday, 3/27**Time:** 10:00 a.m.-2:00 p.m.**Cost:** \$15.00**Location:** Kelsey Scott Park**Men's Pre-Season Tournament**

This tournament is a men's pre-season double elimination softball tournament for ages 16+. Prepare your team before the start of the regular season in this annual event at the Sports Complex.

Dates: Monday-Thursday, beginning 4/12**Times:** 6:00-10:00 p.m.**Cost:** \$100.00**Draw date:** 3/30-6:30 p.m. at Hall Gym**Men's Spring Church League Softball**

This men's church softball league is for ages 16+ at the Sports complex. Teams will play 14 games with a double elimination tournament at the end of the season.

Coaches meeting Tuesday, March 16, 6:30 p.m. at Hall Gym.

Dates: Monday-Thursday beginning 4/19**Times:** 6:00-10:00 p.m.**Cost:** \$400.00 per team, plus a \$25.00 sanctioning fee payable to USSSA.**Location:** Sports Complex**Legends Tournament**

Instructor: Dwight Jackson

This is an eight team basketball tournament for ages 16 and older.

Tournament entries accepted on a first come, first serve basis with a minimum of seven players and a maximum of ten players per team. First and second place trophies and MVP trophy for first place team will be awarded.

Dates: Friday, Sat., Sunday, 4/12-4/25**Times:** 2:00-6:00 p.m.**General cost:** \$160.00**Location:** Hall Gym**Men's Open League Softball**

This is a USSSA sanctioned open softball league for men 16 and over. League fee and sanction fee should be paid separately. Teams will play 16 games with a double elimination tournament at the end of the season.

Dates: Monday-Thursday, beginning 4/26**Times:** 6:00-10:00 p.m.**Cost:** \$450 per team, plus a \$25.00 sanctioning fee payable to USSSA.**Location:** Sports Complex**Men's Basketball**

Men 25 & up come to Hall Gym and just shoot hoops or get in on a pick up game. Work off that excess energy, stress and live a healthy life style.

Dates: Mondays, 5/3-7/26**Times:** 7:00-9:00 p.m.**Resident cost:** \$2.00**Non-resident cost:** \$4.00 or \$20.00 for 12 weeks**Location:** Hall Gym



Youth Volleyball League

League is designed for youth ages 8-14 to learn the fundamentals of volleyball as well as build character, self esteem, friendships and teach teamwork.

Dates: Monday-Thursday, 9/13-11/5

Times: 5:30-8:30 p.m.

Resident cost: \$30.00 Non-resident cost: \$60.00

Location: Hall Gym

Pee Wee Flag Football (grades K-2)

Kids will learn the fundamentals of football as well as build character, self esteem, friendships and teach teamwork.

Dates: Tuesdays & Thursdays, 9/14-11/2 Times: 5:30-8:30 p.m.

Resident cost: \$30.00 Non-resident cost: \$60.00

Location: Kelsey Scott Park

ADULT ATHLETICS

Softball Umpire Clinic

This clinic is for umpires that would like to call softball games in our department leagues. Any person interested in umpiring must attend one of these clinics in order to call in our leagues. Leagues run March-October.

Dates: Sundays, 2/21 & 2/28

Times: 5:00 p.m.

Location: Hall Gym

Senior Match Play Tennis

Seniors 55 and up can sign up for match play at City Park tennis complex. Earn points during the season by participating. The Salisbury Cup will be awarded to the top two players that earn the most points. Enjoy comradeship and the sport of tennis.

Dates: Mon., Wed., Friday, March-Sept. Times: 8:30-11:30 a.m.

Location: City Park tennis courts

For more information call Reid Leonard 704-633-1495.

Hump Day Disc Golf Tournaments

Come join us after work and play a round of 18 every third Thursday of the month. Closest to the pin and random cash prizes, t-shirts. Available and ace pool pot is always up for grabs.

Dates: Wed. 3/17, 4/21, 5/19, 6/23, 7/21, 8/18 Times: 6:00-7:30 p.m.

Cost: \$5.00 Optional: \$2.00 Ace Pool

Location: Kelsey Scott Park Players meeting: 5:50 p.m.

Men's Flag Football Interest Meeting

Hall Gym will host an interest meeting for adults 18 and older interested in participating in the upcoming Men's flag football leagues. League will begin in Spring, 2010. Additional information provided at the meeting.

Date: Monday, 3/29

Time: 6:00-7:00 p.m.

Location: Hall Gym

Cheer Camp II

Don't miss out on the second exciting week of cheerleading camp. This will be another fun camp for girls interested in cheerleading.

Dates: Monday-Friday, 7/19-7/23

Times: 9:00 a.m.-1:00 p.m.

Resident cost: \$40.00

Non-resident cost: \$80.00 week

Location: Miller Center

Summer Dance Camp for youth ages 8-13

Instructor: Chelsea Rehak

This is the fourth year of the best dance camp in Salisbury. This is a fun filled week of learning, creativity and fun! Lunch is provided.

Dates: 7/26-7/30

Times: 8:00 a.m.-5:00 p.m.

Cost: \$65.00

Location: Civic Center



Martial Arts Camp

Instructor: Sam Havens

This one week camp is designed to build positive character development, self discipline, self respect, self control and respect for others.

Dates: Monday-Friday, 7/26-7/30

Times: 9:00 a.m.-1:00 p.m.

Resident cost: \$40.00 week

Non-resident cost: \$80.00 week

Location: Miller Center

Speed and Agility Camp at City Park Center (ages 8-15)

Instructor: Adrian Gantt

Want to get the edge on your competition? Let a pro show you how it's done. City Park is offering a speed and agility camp to increase your quickness and strength that will benefit you in any sport you play. Work hard and play better. Participants need to come dressed in weather appropriate workout gear, tennis shoes and a water bottle.

Dates: Monday-Friday, 7/26-7/30

Times: 9:00 a.m.-12:00 noon

Resident cost: \$40.00

Non-resident cost: \$80.00

Wrestling Camp at Hall Gym

Instructor: Rowan County Wrestling Association

Wrestling Camp for boys ages 6-14. Instruction will be given on all aspects of the sport of wrestling. This is a great camp for the beginner or experienced wrestler. Camp staff includes local college and high school players.

Dates: Monday-Friday, 7/26-7/30

Times: 9:00 a.m.-1:00 p.m.

Resident cost: \$40.00 week

Non-resident cost: \$80.00 week

Location: Hall Gym

Animation Camp II for youth ages 12-14

Instructor: Jackie Black

Come spend the week learning about and creating clay and paper animation. They will create their own characters, stage props and backgrounds.

Dates: Monday-Friday, 8/2-8/6

Times: 8:00 a.m.-5:00 p.m.

Cost: \$65.00

Location: Civic Center

Acoustic Guitar Camp (ages 8-18)

Instructor: Sam Havens

Interested in guitars? Get a crash course in the basics of acoustic guitar playing. Allow this classically trained and published musician to teach you a thing or two. This week will be packed with strumming, chord changes, finger style and theory.

Dates: Monday-Friday, 8/9-8/13**Times:** 9:00 a.m.-12:00 p.m.**Cost:** \$100.00**Location:** City Park Center**Golf Camp**

Golf camp is designed for boys and girls ages 9-14. Instructors will teach fundamentals and ethics in all areas of golf. Participants will play par 3's, hit at a driving range and work on putting. Participants must bring their own golf clubs and lunch. Limited to ten participants.

Dates: Monday-Friday, 8/9-8/13**Times:** 9:00 a.m.-1:00 p.m.**Resident cost:** \$60.00**Non-resident cost:** \$120.00**Location:** Hall Gym**Back to School Camp**

Come spend your last two days of freedom before school starts back at City Park's back to school camp. We'll have lots of great games, activities, crafts, field trips and more.

Dates: Monday & Tuesday, 8/23-8/24**Times:** 7:30 a.m.-5:30 p.m.**Resident cost:** \$30.00 **Non-resident cost:** \$60.00**Location:** City Park Center**BOOK GIVE AWAYS****Tuesday, June 29 at Cannon Park****Tuesday, July 27 at Towne Creek Park****Tuesday, August 10 at Fairview Heights Park****Time:** 10:00 a.m.-11:00 a.m. **no charge****LINCOLN POOL****Lincoln Pool Grand Opening**

Bring your towel, your sunscreen, and the camera!

We're having a pool party to mark the opening of Lincoln Pool.

Come enjoy music and refreshments.

Date: Saturday, 6/5**Times:** 1:00-5:00 p.m.**Resident cost:** \$2.00**Non-resident cost:** \$4.00**Basketball Skill Development**

Instructor: Brian Avery

Boys and girls who play basketball and are looking for ways to better their game can join us and learn basic basketball drills and break off into team play.

Date: Saturday, 5/8**Time:** 9:00-11:00 a.m.**Resident cost:** \$10.00**Non-resident cost:** \$20.00**Location:** Hall Gym**Hershey's Track and Field**

Track and field competition for boys and girls ages 9-14. Boys and girls will compete separately in the meter dash, run, relay, standing long jump and softball throw. Local winners advance to regional competition.

Date: Sunday, 5/16**Time:** 2:00 p.m.**Location:** Hall Gym

no charge

Indoor Soccer Clinic

Instructor: Drew Griffith

This clinic is designed for youth ages 12 and under. The clinic will teach basic fundamentals to prepare you for outdoor leagues.

Dates: Monday-Friday, 5/17-5/21**Times:** 10:00 a.m.-12:00 p.m.**Resident cost:** \$5.00**Non-resident cost:** \$10.00**Location:** Hall Gym**Teens United Basketball**

Teens ages 13-17 are invited to compete in an organized basketball league. This league limited to the first forty participants.

Dates: Wednesday, 7/7-8/25**Times:** 4:30-8:30 p.m.**Resident cost:** \$30.00**Non-resident cost:** \$60.00**Location:** Hall Gym**Youth Cross Country**

This league is designed for youth in grades 3-8 to learn the fundamentals of cross country running as well as build character, self esteem, friendships and teach teamwork.

Dates: Monday-Friday, 9/13-11/5**Times:** 5:30-8:30 p.m.**Resident cost:** \$30.00**Non-resident cost:** \$60.00**Location:** Hall Gym**NFL Punt, Pass and Kick**

This is a football competition for both boys and girls ages 8-15 to show others how they can punt, pass and kick. Local winners will advance to the sectionals and have a chance to compete at a Carolina Panthers football game.

Date: Sunday, 9/12**Time:** 2:00 p.m.**Location:** Catawba College

no charge

Youth Volleyball League

League is designed for youth ages 8-14 to learn the fundamentals of volleyball as well as build character, self esteem, friendships and teach teamwork.

Dates: Monday-Thursday, 9/13-11/5**Times:** 5:30-8:30 p.m.**Resident cost:** \$30.00**Non-resident cost:** \$60.00**Location:** Hall Gym

YOUTH ATHLETICS

Youth Recreation Soccer for youth ages 5-12

The FCCA youth soccer program is designed to teach soccer skills to all players. Practice sessions develop and teach the technical skills of the game. Coaches are experienced collegiate soccer players and current college and high school coaches. Register at the Salisbury Civic Center or on line at: www.fccasoccer.org.

Spring registration dates: 2/3-3/23 Times: 6:00-7:00 p.m.

Spring soccer begins: Tues. and Thursdays, 3/23-5/6

Cost: \$70.00

Fall registration dates: 8/8-9/9

Fall soccer begins: Tuesdays & Thursdays, 9/9-10/28

Cost: \$70.00

Location: games played at Salisbury Community Park



Coed Flag Football

This program is for girls and boys ages 8 and under. The program will help you develop your running, passing and catching skills in football.

Dates: Monday-Friday, 3/10-5/14

Times: 5:30-8:30 p.m.

Resident cost: \$35.00

Non-resident cost: \$70.00

Location: Kelsey Scott Park

Spring Volleyball League (boys & girls 12 and under)

This program will help develop your hitting, passing and setting in the sport of volleyball. New players will be placed by player draft.

Dates: Monday-Friday, 3/11-5/13

Times: 5:30-8:30 p.m.

Resident cost: \$35.00

Non-resident cost: \$70.00

Location: Hall Gym

Street Stormers Street Hockey

Interest in playing street hockey? If you have played in the past or are just beginning, come to Hall Gym and play with us.

Dates: Fridays, 4/2-5/14

Times: 5:30 p.m.-8:30 p.m.

Resident cost: \$35.00

Non-resident cost: \$70.00

Location: Hall Gym

Major League Baseball Pitch, Hit & Run

Baseball competition for boys and girls ages 9-14. Boys and girls will compete separately in hitting, pitching and running. For age groups 9-10, 11-12 and 13-14. Local winners will advance to the regional competition.

Date: Sunday, 5/2

Time: 2:00 p.m.

Location: Sports Complex

no charge

Jr. Olympic Skill Competition

Participants will compete in skills competitions for the sports of soccer, basketball, tennis and track and field. Compete in one event or all four.

Date: Saturday, 5/8

Time: 9:00-10:00 a.m.

Location: Hall Gym

no charge

LINCOLN POOL continued

Lincoln Pool Open Swim Hours



Dates: 6/5-8/21

Monday-closed

Tuesday-Thursday

Wed, Friday, Saturday

Sundays

Times: 3:30-6:00 p.m.

Times: 12:00-5:00 p.m.

Times: 1:00-5:00 p.m.

Resident cost: \$1.00 youth

\$2.00 adult

Water Exercise Classes

Lighten up! Enjoy a workout of light cardio and resistance training to tone your body in ways you never thought were possible. No swimming skills necessary.

Day(s): Tuesday and Thursday

Times: 6:00-6:45 p.m.

Dates: Session I: 6/15-6/29

Session II: 7/6-7/29

Resident cost: \$2.00 per class

Non-resident cost: \$4.00 per class

End of School Year Pool Party for Teens

Teenagers come to Lincoln Pool for a fun end of the school year celebration with your friends. There will be water games, music and refreshments.

Date: Friday, 6/18

Time: 5:00-8:00 p.m.

Resident cost: \$5.00

Non-resident cost: \$10.00

Limited number of students permitted. First come, first serve.

Swimming Lesson I & II for Ages 6-14

Learn various strokes, water safety issues, breathing techniques and more.

Day(s): Saturday

Times: 11:00 a.m.-12:00 p.m.

Dates: Session I: 6/19-7/9/10

Session II: 7/17-8/7

Resident cost: \$16.00 session

Non-resident cost: \$32.00 session

Family Day at Lincoln Pool

Bring the family and enjoy a day at the pool. There will be water games and contests for the kids. This event is for the entire family!

Dates: 6/20 and 7/18

Times: 1:00-5:00 p.m.

Resident cost: \$2.00

Non-resident cost: \$4.00

Rock the Pool 4th of July Celebration

There is no better way to celebrate the 4th of July than to listen to music, play games and relax by the pool with family and friends.

Day: Sunday

Date: 7/4

Time: 1:00-5:00 p.m.

Resident cost: \$2.00

Non-resident cost: \$4.00

Fundamental Aquatic Skills

Children will learn to swim, float, go under water, jump into pool, roll over, tread water and also combine swimming strokes.

Dates: Saturdays, 7/17-8/7

Times: 11:00 a.m.-12:00 p.m.

Resident cost: \$16.00

Non-resident cost: \$32.00

YOUTH PROGRAMS**Dillingham Martial Arts**

Instructor: Larry Dillingham-4th DBBS

Join our world class martial arts program -the best in Rowan County guaranteed! Classes for youth, teens and adults are available. Benefits include character development, self discipline, self respect, self control and respecting others. Visitors welcome!

Dates: year round, Tuesdays and Thursday**Times:** 5:00-8:00 p.m.

youth - 5:00 p.m., teen - 6:00 p.m., adult - 7:00 p.m.

Cost: \$50.00 month \$10.00 registration fee for new member.**Location:** City Park Center**Girl Scouts**

Parents bring your daughters to Miller Center for Girl Scouts. This is a fun, educational program that will help these young girls grow into wonderful young women. The girls will learn a lot and have fun doing so.

Dates: Tuesdays, 3/2-8/31**Times:** 6:00-7:30 p.m.**Location:** Miller Center**Lil Dribblers for 3-6 yr. olds**

Come learn basketball rules, drills and techniques. This will be a fun environment to help develop your skills and meet new friends.

Dates: Thursdays, 3/4-3/25**Times:** 6:00-6:45 p.m.**Resident cost:** \$20.00**Non-resident cost:** \$40.00**Location:** Miller Center**Paint a Matte**

Instructor: Denise Thomasina

Bring your child to this fun wellness through art experience. Parent and child will paint and decorate 9x12 matte the artist will sketch each child.

The portrait will be framed by decorated matte. Come make a fun frame able keepsake.

Dates: Saturdays, 3/20, 4/3, 5/1,6/5**Times:** 11:00 a.m.-1:00 p.m.**Cost:** \$20.00**Location:** Miller Center**Teen Time at the Rec**

Teens, are you tired of being home and bored on Saturdays? Bring your friends to Miller Recreation Center for some fun! We'll play sports, video games and more!

Dates: Saturdays, 3/6-8/28**Times:** 10:00 a.m.-2:00 p.m.**Location:** Miller Center

no charge

704-216-PLAY**Striders for Life Walking Program**

Salisbury Striders for Life is a unique and Fit Community that challenges people of all ages to reap the benefits of walking and promote the welfare of their bodies. Track your distances on map at City Park Center and see how far you travel for the year program.

Dates: On going**Cost:** no charge**Education meetings:** Thursdays, 4/8 and 8/12 from 6:00-7:00 p.m.**Location:** City Park Center**Supervised Walking Program at the Greenway**

Instructor: Bob Zirt

The Salisbury Parks and Recreation Department and the Salisbury Rowan Runners Club invites you to walk the Salisbury Greenway. This program is designed to promote the benefits of walking, exercise and healthy lifestyles. Walk with others and learn more about the Greenway. Meet at Knox Middle tennis courts.

Day(s): Monday, Wednesday, Friday**Times:** 5:30 p.m.-year round**Location:** Salisbury Greenway

no charge

TENNIS**Rotary Quick Start Tennis Program (ages 6-10)**

Instructor: Jim Schaffer-USPTA Pro

Quick start tennis format works by getting kids into the game quickly. Within hours of stepping on the court, kids actually are playing the game, rallying with one another and having fun. Scaling the game down to size make the process easier to learn.

Dates: Tuesdays & Thursday, Session I, 3/2-4/8 Session II, 4/13-5/20

Times: 3:30-4:15 p.m. **Cost:** (1 day/week for six weeks \$60.00 session)
(2 days/week for six weeks \$110.00)

Location: City Park tennis courts**Junior Performance Tennis Training (ages 11-18)**

Instructor: Jim Schaffer-USPTA Pro

Whether you play on the school team or have a goal to make the team, this program is geared towards players who are dedicated and serious about getting better and becoming high-level, competitive tennis players.

Date: Tues. & Thurs., 3/2-4/8 Session I, 4/13-5/20 Session II**Times:** 4:15-5:30 p.m.**Cost:** (1 day/ week for six weeks \$75.00 session)

(2 days/week for six weeks \$135.00 session)

Drop in rate is \$15.00 per class **Location:** City Park tennis courts**Children's Tennis Lessons**

Instructor: Carl Marlin

Children ages 6-9 will enjoy learning the fundamentals of tennis.

Dates: lessons begin June 23 through August 11**Times:** 6:00-7:00 p.m. Ages 10-13**Times:** 7:00-8:00 p.m.**Cost:** \$9.00 per lesson or \$30.00 for four weeks**Location:** Civic Center tennis courts

Letters to a Soldier for Ages 5-15

Let Freedom Ring! In honor of our troops and just in time for 4th of July, participants will write a letter and draw a picture for the brave men and women serving our country. The Army National Guard will assist in getting the letters and pictures to our soldiers.

Date: Letters due by Friday, 6/18

Location: City Park Center

Lots of Tots Story Time and Craft

Spend some special tot time with your little one by coming to City Park for story time and a coordinating craft. For a list of books and crafts, visit or call City Park Center.

Dates: Sat., 3/13, 4/10, 5/8, 6/12, 7/10, 8/14 **Times:** 10:00-11:00 a.m.

Resident cost: \$3.00 per class

Location: City Park Center

No Sew Felt Pencil Rolls

Always in need of a pencil, pen or crayons? Let us show you an easy way to keep all of those items safe and secure for your purse, car, backpack or anywhere else you need them. For youth ages 10 & up.

Date: Saturday, 6/5 **Time:** 10:00-11:30 a.m.

Resident cost: \$7.00 **Non-resident cost:** \$14.00

Location: City Park Center

Open Gym

Come to Hall Gym and shoot hoops or get in on a pick up and work off that excess energy and stress. All ages welcome. Hours may vary depending on programs offered.

Dates: Monday-Fridays & Saturdays See schedule posted at Hall Gym

Scrapbooking by Creative Memories

Instructor: Andrea Shuping

Make the most of your memories! Time money, space, creativity...these are some of the barriers that keep people from preserving their precious life memories in a scrapbook. Lunch provided.

Dates: Saturdays, 3/13, 4/10, 5/8, 6/12, 7/10, 8/14

Times: 10:00 a.m.-3:00 p.m.

Cost: \$13.00 per class

Location: City Park Center

**Spring Clean Up Week**

Help us keep our parks clean! Participate in spring clean up week by picking up litter in our Salisbury city parks and Greenway. Garbage bags will be supplied at all of our recreation facilities for trash and filled bags can be left at our garbage receptacles for pick up.

Dates: 4/18-4/24

St. Pat's Social

Happy St. Patrick's day! Wear something green and come enjoy an evening with friends. We will play games, dance and make a St. Patrick's day art project. Refreshments provided.

Date: Wednesday, 3/17

Resident cost: \$4.00

Location: Miller Center

Time: 5:45-7:00 p.m.

Non-resident cost: \$8.00

Teddy Bear Sleep Over for 3-5 yr. olds

Bring your favorite teddy bear for an evening of stories, snacks and fun! Children will listen to a story, do a craft and enjoy an evening snack with their teddy bear before leaving their bear to spend the night at Miller Center.

Date: Friday, 3/26

Time: 6:00-7:00 p.m.

Resident cost: \$3.00 **Non-resident cost:** \$6.00

Location: Miller Center

Science Fun: Hubba-Bubble Gum Creation

Got bubble gum? We'll guide you through every step of the bubble gum making process and the science behind it. We'll even have a largest bubble contest with the gum you make. Kids and adults can enjoy this science fun.

Date: Saturday, 3/27

Time: 10:00-11:00 a.m.

Resident cost: \$6.00

Non-resident cost: \$12.00

Location: City Park Center

T-shirt Art for Teens

Instructor: Denise Thomasina

Bring a clean white t-shirt to paint on and personalize with your own design. Fun activity for teens who want to express artistic talents and display it as wearable art.

Dates: Saturday, 3/27, 4/17, 5/22, 6/19

Times: 11:00 a.m.-1:00 p.m.

Cost: \$15.00

Location: Miller Center

**Egg Hunt Surprise**

Come to Miller Center for a fun egg hunt! These eggs will contain candy and all sorts of treats and prizes. Register in advance at Miller Center.

Date: Thursday, 4/1

Time: 4:30-5:30 p.m.

Resident cost: \$2.00

Non-resident cost: \$4.00

Location: Miller Center

Spring Break Camp at City Park Center or Miller Center

Come have fun at our Spring break camp by participating in lots of games, activities and trips.

Dates: Monday-Friday, 4/5-4/9

Times: 7:30 a.m.-5:30 p.m.

Resident cost: \$65.00 week

Non-resident cost: \$130.00 week

Location: City Park Center or Miller Center

CALL 704-216-PLAY FOR PROGRAM INFORMATION.

Sock Puppets

Put those socks to some good use other than keeping your feet warm. Calling children age 9-13 to put those creative minds to work. Come learn to create a cool puppet with very little supplies.

Date: Tuesday, 4/6

Time: 10:00 a.m.– 12:00 p.m.

Cost: \$5.00

Location: Civic Center

Honor Roll Week

Miller Center will host an ice cream social for Honor Roll students for the 3rd report card period. Bring a copy of your report card to show that made all A's or A's and B's. Wed./Elementary, Thurs./Middle, Fri./high school.

Dates: Wed., Thurs., Friday, 4/21-4/23

Times: 4:00-5:00 p.m.

Location: Miller Center

no charge

Parent's Night Out

Parents, are you looking for a night out without your children? Drop your kids off (ages 5-12) at this fun night of games, crafts, movies, snacks and more. Your children will love coming to this fun event.

Dates: Fridays, 4/23 & 5/21

Times: 5:30-8:30 p.m.

Resident cost: \$6.00 **Non-resident cost:** \$12.00

Location: Miller Center

Recycled Crafts for youth ages 8-12

Make an environmentally friendly statement by transforming bottles, boxes, scrap material and other recycled goods into interesting art projects.

Date: Saturday, 4/24 **Time:** 10:00 a.m.-12:00 p.m.

Cost: \$5.00

Location: City Park Center

**Martial Arts**

Instructor: Sam Havens

Join our wonderful martial arts program. This course will cover fighting techniques with emphasis placed on self discipline, self control and character development. Participants will also have the opportunity to learn the history of Kung Fu. Class is for youth ages 12 & up.

Dates: Mondays & Wednesdays, 5/3-5/26 **Time:** 6:00-7:30 p.m.

Cost: \$40.00 per month (\$10.00 one time registration fee)

Location: Miller Center

*Parks and Recreation...
The Benefits are Endless!!*

Fitness/Racquetball/Wallyball

The Salisbury Civic Center is the best secret in town. Nautilus machines, treadmills, bike and free weights are available for your workout. Improve your cardiovascular and start feeling good today.

Dates: Monday-Friday **Times:** Monday-Thursday 8:00 a.m.-8:00 p.m.

Fridays, 8:00 a.m.-6:00 p.m.

Saturdays, 9:00 a.m.-5:00 p.m.

Resident cost: \$2.00 daily

Non-resident cost: \$4.00 daily

Monthly passes: \$18.00 resident \$36.00 non-resident

Family monthly passes: \$25.00 resident \$50.00 non resident

Location: Civic Center

**Fitness Week-move the weight!**

Instructor: Greg Butler

Come join us fun aerobic work out. This class is low impact but high on fun for all.

Dates: Monday-Friday, 5/17-5/21

Times: 9:00 a.m.-12:00 p.m.

Resident cost: \$40.00

Non-resident cost: \$80.00

Location: Hall Gym

Juneteenth Celebration at Kelsey Scott Park

Bring your family out to Kelsey Scott Park for a celebration of family and community. This event will begin with a parade and include special performances, guest speakers, games and vendors.

Date: Saturday, June 19

Time: 10:00 a.m.-7:00 p.m.

Parade begins at 10:00 a.m.

Festival starts at 11:00 a.m.

Contact Sherry Hawthorne at 704-499-1882 or SherryHawthorn@yahoo.com

The Guessing Game

Are you good at guessing? Come to City Park and participate in the guessing game. Contest runs from 7/1-7/31. Participant with the closest guess without going over will win a super neat prize.

Dates: 7/1-7/31

no charge

Location: City Park Center

Incredible Kid Day

Hey Parents, would you like to let your children know how incredible they are? Stop by and help celebrate all the incredible kids in our community. There will be a variety of free play, structured activities and snacks.

Date: Wednesday, 4/14

Time: 5:30-6:30 p.m.

Resident cost: \$3.00

Non-resident cost: \$6.00

Location: Miller Center

Irlen

Instructor: Terry Cassell, Certified Irlen Screener

Are you bothered by bright lights or patterns? Do you have difficulty focusing on what you are reading? Get distracted easily? Have persistent headaches? If YES then Irlen may be the answer. Free pre-screening.

Date: Saturday, 4/24

Time: 9:00 a.m.-1:00 p.m.

Location: City Park Center

no charge

Canine Basic Home Manners

Instructor: Elaine Allman

Need help with your canine companion? You will learn how to communicate with your dog, understand how your dog thinks and how to humanely express your leadership. For dogs five months and older. Proof of rabies vaccination must be provided at first class along with water bowl, soft treats, six foot lead and slip collar.

Dates: Mondays, 3/29-5/3**Resident cost:** \$40.00**Location:** Civic Center**Times:** 7:00-8:00 p.m.**Non-resident cost:** \$80.00**Canine Care and Safety Class**

Instructor: Elaine Allman

Owning a dog is a commitment and a responsibility. We invite you to come and learn how to raise a happy and healthy dog. Class will teach the proper technique on how to approach and pet dogs along with other safety issues.

Date: Saturday, 6/5**Location:** Civic Center**Time:** 10:00-11:00 a.m.

no charge

**Canine Good Citizens Class**

Instructor: Elaine Allman

Teach your dog to be a canine good citizen and take your dogs with you on vacations, to the park or the store, etc. Enjoy your time together and make lots of play "pawsitive" memories. This class is for dogs that have completed the basic home manners class. Participants should bring proof of rabies vaccination, water bowl, soft treats, six foot lead and slip collar. Proof of rabies vaccination must be provided at the first class.

Dates: Mondays, 3/29-5/3 **Time:** 5:45-6:45 p.m.**Resident cost:** \$40.00 **Non-resident cost:** \$80.00**Location:** Civic Center**Card Making Class**

Instructor: Amy Brown

Come enjoy fellowship and creativity. Learn to make beautiful greeting cards and matching envelopes. You will make 6-10 cards each class and card themes will vary. This class is for ages 13 and up and all supplies provided.

Dates: Tuesdays, (3rd Tuesday each month) **Times:** 6:00-8:00 p.m.**General cost:** \$10.00 per class**Location:** Civic Center**Family Bingo and Pizza Night**

Families are invited to join the Miller Center staff for an evening packed with pizza, snacks and BINGO. All winners will receive a prize.

Date: Tuesday, 4/20**Resident cost:** \$2.00**Location:** Miller Center**Time:** 6:00-7:30 p.m.**Non-resident cost:** \$4.00**May Fun Day**

Come join us for an exciting day while you're out of school. Enjoy crafts, games and fun times spent with friends.

Date: Tuesday, 5/4**Resident cost:** \$15.00**Location:** Miller Center**Time:** 7:30 a.m.-5:30 p.m.**Non-resident cost:** \$30.00**May Madness**

School's out today so come and have a great time at City Park Center. We'll enjoy games, fun activities, field trips, friends and more.

Date: Tuesday, 5/4**Resident cost:** \$15.00**Location:** City Park Center**Time:** 7:30 a.m.-5:30 p.m.**Non-resident cost:** \$30.00**Mother's Day Card Making**

Send your mom, grandmother or loved ones personalized hand made cards. Join us as we cut, fold, glue and sprinkle Mother's Day cards with a personalized touch. All supplies provided.

Date: Saturday, 5/8**Resident cost:** \$4.00**Location:** Miller Center**Time:** 11:00 a.m.-12:30 p.m.**Non-resident cost:** \$8.00**Baked Stories**

Instructor: Tonya Sockwell

Children love to have stories read to them and love to eat treats. This class will combine both a baked good recipe that each child will make and a them related story to read to them. While the goodies are baking we will make a theme related craft.

Date: Wednesday, 5/19**Resident cost:** \$10.00**Location:** Miller Center**Time:** 6:00-7:30 p.m.**Non-resident cost:** \$20.00**Science Fun: Balloon Powered Boats**

Kids ages 8 and up are sure to marvel as they build their own balloon powered boat. When we're done we'll test each one to see it zoom across water. This is a perfect science fun lesson to teach to power of air pressure and propulsion.

Date: Saturday, 5/22**Resident cost:** \$8.00**Location:** City Park Center**Time:** 11:00 a.m.-12:00 p.m.**Non-resident cost:** \$16.00

All materials/supplies included.

Middle School Dance

Come celebrate the end of another school year. This dance is for middle school students only. Honor roll students get a discount with a report card. All A honor roll students get in free! Don't miss out! Tickets must be purchased in advance. No tickets will be sold at the door.

Date: Friday, 6/11**Resident cost:** \$4.00**Location:** Miller Center**Time:** 7:30-10:30 p.m.**Non-resident cost:** \$8.00

School's Out for Summer Celebration

Come to City Park and kick start your summer vacation with a day filled with fun games, exciting activities, crafts, friends and more.

Date: Friday, 6/11

Time: 7:30 a.m.-5:30 p.m.

Resident cost: \$15.00

Non-resident cost: \$30.00

Location: City Park Center

Jr. Counselors

Parents, are you in need of a fun, safe place for your teenager this summer? If so, our Jr. counselor program is what you need. Youth gain job experience and knowledge participating in fun activities and trips.

Dates: Monday-Friday, 6/11-8/24

Times: 7:30 a.m.-5:30 p.m.

Resident cost: \$35.00 week

Non-resident cost: \$70.00

Location: Miller Center and City Park Center

Boy's Night Out

Wednesday nights at Miller Center are reserved just for the guys. Young men can stop in and play video games, board games, and play or watch sports with the guys. We will have mentors and guest speakers too.

Refreshments will be served.

Dates: Wednesday, 6/16, 7/14, 8/18

Times: 5:30-7:30 p.m.

Resident cost: \$2.00/day

Non-resident cost: \$4.00/day

Location: Miller Center

Home Alone

Here is a chance for boys and girls to come and learn about home safety. Your child will learn everything they need to know about staying safe at home and what to do during emergencies.

Date: Wednesday, 6/16

Time: 5:30-6:30 p.m.

Resident cost: \$2.00

Non-resident cost: \$4.00

Location: Miller Center

Father's Day Workshop

Dad's love getting special gifts too. Come make a special gift for dad.

Date: Saturday, 6/19

Time: 11:00 a.m.-12:30 p.m.

Resident cost: \$4.00

Non-resident cost: \$8.00

Location: Miller Center

Kickball Game

Come join us at Morlan Park for some fun. Participants ages 5-12 are invited to come and play a fun game of kickball. Contact Miller Center for details.

Dates: Thursdays, 6/24, 7/15, 8/12

Time: 12:00 p.m.-2:00 p.m.

Location: Morlan Park

no charge

Kickball Weave

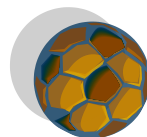
Come out to Cannon Park for a fun game of kickball with a little twist.

Date: Fridays, 7/2 & 8/6

Time: 11:00 a.m. 12:00 p.m.

Location: Cannon Park

no charge

**FAMILY PROGRAMS****Adopt a Park**

Salisbury Parks and Recreation Adopt a Park program offers a wonderful opportunity for individuals or groups to get involved in their community working to make Salisbury a more attractive and safe place to live. Provide clean up and maintenance, help with building and site improvement and other special projects. Call 704-638-5295 for more information.

Dates: year round through City Park Center

American Red Cross Blood Drive

Give blood and make a difference. Help save lives. Call 704-633-3854 for information or to schedule an appointment.

Date: Tuesday, 7/27

Time: 7:30 a.m.-5:30 p.m.

Location: Civic Center

Basic Self Defense

Instructor: Al Young

This basic self defense class is for youth age eight and up. The class will offer the basic techniques to help keep you safe.

Dates: Wednesdays, Year Round

Time: 6:30-7:30 p.m.

Cost: \$3.00 per class

Location: Civic Center

Basic Pet Grooming

Instructor: Peggy Rose-Shampooch and Kitty Too

Want a few tips on grooming techniques for your pet? Come to this free session taught by a grooming professional. You will be instructed on the proper and most friendly ways of bathing, ear cleaning, nail trimming and brushing your cat or dog.

Date: Saturday, 4/24

Time: 10:00 a.m.-12:00 p.m.

Location: City Park Center

no charge

**Beginner's Running Training Program**

Instructor: Salisbury Rowan Runners

This program be a comprehensive, instructional approach to provide new runners with all the information needed to begin the process. Eight weeks of classroom and workout sessions. Individual coaching is available so you can work at your own pace. Program includes membership to the club along with t-shirt and entry in 5K race.

Dates: Thursdays, 3/18-5/5

Time: 6:30 p.m.

General cost: \$45.00 payable to Salisbury Rowan Runners

Location: Civic Center

RESERVE A SHELTER FOR YOUR GATHERING

Call the administrative office at (704)638-5291 to reserve a shelter. Reservations must be paid for two weeks after reservation date is made.

Beginner Guitar Lessons (ages 10 & up)

Instructor: Sam Havens

Come and be trained by published musician Sam Havens. Sam will teach you the basics of acoustic guitar and incorporate strumming, finger style, cord changes and a bit of theory into his lessons. Intermediate and advanced classes offered upon completion of the beginner class.

Dates: Mon. & Wed., 3/29-4/28**Times:** 6:30-7:30 p.m.**Cost:** \$20.00 per lesson or \$175 for all 5 weeks.**Location:** City Park Center**Aerobic Classes**

Let's get fit! Certified Fitness Instructor Clarrisa Best has just what you need to shed the pounds and tone the body!

Dates: Tues. & Thurs. beginning 4/6**Times:** 5:45-6:45 p.m.**Cost:** \$3.00 per class**Location:** Civic Center**Zumba**

Instructor: Tracey Kinyo

Zumba is a Latin inspired, easy to follow, calorie burning, feel it to the core fitness party. Be sure to wear tennis shoes, comfortable clothing, bring water a water bottle and be ready to have fun!

Dates: Wednesdays beginning 4/7**Times:** 5:30-6:30 p.m.**Cost:** \$5.00 per class-monthly pass can be purchased for \$20.00**Location:** Civic Center**Core (Abs) Training**

Instructor: Clarissa Best

Let's get fit! Clarissa has just what you need to get those rock hard abs.

Dates: Tues. & Thurs. beginning 4/8**Times:** 6:30-7:00 p.m.**Cost:** \$3.00 per class**Location:** Civic Center**Coffee Social**

Come and enjoy a warm cup of coffee and pastries while making new friends. Get updated on upcoming events or enjoy a nice bingo game.

Date: Thursday, 5/6 **Time:** 10:30 a.m.-12:00 p.m.**Location:** Miller Center no charge**Spring Yard Sale**

Spring clean and make some extra cash. Call today to reserve your booth.

Date: Saturday, 5/15**Time:** 7:00 a.m.-12:00 p.m.**Cost:** \$10.00 per table**Location:** Civic Center**Parenting 101**

Instructor: Terry Cassell, Jazez Family Outreach

Don't run away...run your life with keys that unlock parental control.

Learn to think pro active rather than reactive in the way you raise your child. This will relieve the stress out of your parent/child relationship.

Date: Saturday, 5/29**Time:** 9:00 a.m.-12:00 noon**Cost:** \$10.00 couple**Location:** City Park Center**Tuesdays at the Garden!**

Instructor: Carole Massey

Join us at the West End Community Garden for fun activities led by the Master Gardeners. Each week will include a different educational and fun activity related to gardening. Call Miller Center to register.

Dates: Tuesdays, 6/29-8/10**Times:** 9:30-10:30 a.m.**Location:** Miller Center

no charge

Youth meet Miller Center and transportation to and from the garden will be provided. Parents responsible for picking children up after activity.

Girl's Spa Day

Young girls can come to Miller Center for a fun day of girl stuff. We will paint nails, play makeup and all other sorts of girl stuff. Come spend a fun day in your very own girl's spa!

Date: Monday, 7/12 and 8/9**Time:** 1:30-3:30 p.m.**Resident cost:** \$3.00**Non-resident cost:** \$6.00**Location:** Miller Center**Toad Abode**

Invite a friendly new creature to your home by making a Toad Abode for your neighborhood toad. We will show you a way to accentuate your garden and provide an environmentally friendly home for a toad. Let's hop to it!

Date: Saturday, 7/17**Time:** 10:00 a.m.-11:00 a.m.**Resident cost:** \$8.00**Non-resident cost:** \$16.00**Location:** City Park Center**Reading Readiness**

Instructor: Ericka Becton

This class will teach letter recognition and develop phonetic awareness skills while singing and playing games. Through a variety of activities, your child will work on letter and sounds, match, and write upper and lower case letters.

Dates: Saturdays, 8/7-8/28**Times:** 10:30-11:30 a.m.**Resident cost:** \$20.00 session **Non-resident cost:** \$40.00**Location:** Miller Center**Afterschool Program**

Looking for after school care? This program provides assistance with homework, arts and crafts, outdoor activities, field trips and much more for school children ages 5-12.

Dates: Monday-Friday during school year**Times:** 2:30-5:30 p.m.**Resident cost:** \$20.00 week**Non-resident cost:** \$40.00 week**Location:** Miller Center and City Park Center**Creating with Color (ages 3-5)**

What colors make purple or orange? Learn the color wheel by mixing food coloring and paints together to discover how to make a rainbow.

Date: Tuesday, 8/31**Time:** 5:30-6:30 p.m.**Resident cost:** \$4.00**Non-resident cost:** \$8.00**Location:** Miller Center

ADULT PROGRAMS**Cardinal Squares Modern Square Dancing**

Instructors: Jack and Linda Cauble (704) 633-9147

It's true, you can get your much needed exercise and have fun at the same. Great for singles, couples and it's a wonderful stress reliever with easy cardiovascular physical activity. Contact Jack and Linda for details.

Dates: Tuesdays, on going**Times:** 7:30- 9:30 p.m.**Location:** City Park Center**Miller Center Super Senior Social Organization**

Join this lively bunch of seniors. Have fun doing everything from crafts to taking trips out of town. Come learn new things and meeting new people.

Dates Thursdays, year round**Times:** 10:30 a.m.-12:00 p.m.**Location:** Miller Center**Cost:** no charge**Over 40 Aerobics**

Over 40 and looking for a place to get some exercise? Come and enjoy the benefits of low impact aerobics via videotape. Get your heart pumping and your blood flowing.

Dates: Mondays & Thursdays, March-Aug. **Times:** 9:30-10:30 a.m.**Cost:** no charge**Location:** City Park Center**Hip Hop Aerobics at Miller Center**

Instructor: Paul Butler

Come join a fun workout class in this new hip hop aerobics class. Paul will lead you through a series of fun dance moves while also providing a great workout.

Dates: Mondays, 1/15-8/30**Times:** 6:30-8:00 p.m.**Resident cost:** \$10.00 class**Non-resident cost:** \$20.00 class**Location:** Miller Center**Carolina Shag Lessons (beginners)**

Entertain those New Year's resolutions and learn how to shag dance. Singles and couples welcome. Lessons teach you basic steps, turns, lead outs, and other fancy footwork in a comfortable atmosphere. Come see why the Carolina Shag is so popular. Class limited to 20 people.

Dates: Mondays & Thursday, 3/1-3/18**Times:** 5:30-6:15 p.m.**Cost:** \$30.00 singles or \$50.00 for couples**Location:** City Park Center**Carolina Shag Lessons (intermediate)**

This class is for those who are past beginners, love shag dancing but want to learn new steps to spruce and spice up the dance floor. Learn "The Arch", "Carolina Hesitation", "Elvis Wrap" and much more.

Dates: Mondays & Thursdays, 3/1-3/18**Times:** 6:15-7:00 p.m.**Cost:** \$55.00 per couple (class limited to 10 couples)**Location:** City Park Center**Dillingham Martial Arts-Active Older Adults**

Instructor: Larry Dillingham-4th DBBS

Now active older adults 40 & up can enjoy the newest program addition of Dillingham Martial Arts. Enjoy all the benefits of movement, flexibility and balance along with the traditional benefits of self awareness, discipline and control. Visitors welcome.

Dates: Mondays, 3/1-8/30**Times:** 5:00-7:00 p.m.**Cost:** \$50.00 per month

\$10.00 registration fee for new members.

Location: City Park Center**Not Just Country Line Dancing Session I, Session II and Session III**

Instructor: Cheryl Kluttz

Get your exercise in a fun new way. Come learn a few moves to beach, pop and Latin music. It's not just country line dancing, it's a whole lot more.

No experience or partners needed.

Dates: Session I, Mondays, 3/1-4/12**Session II, Mondays, 5/3-6/14****Session III, 7/12-8/30****Times:** 7:00-8:00 p.m.**Cost:** \$21.00 per session**Location:** City Park Center**Aerobics with Mary**

Instructor: Mary Gibbs

Come join instructor Mary for a fun aerobic workout! This class is low impact but high on fun! You will enjoy an energetic workout.

Dates: Tuesdays, 3/2-8/3 **Times:** 6:00 -7:00 p.m.**Resident cost:** \$2.00 class**Non-resident cost:** \$4.00 class**Location:** Miller Center**Basic Photography**

Instructor: Jeff Jones

Come learn the basics of photography. You will leave this program knowing how to take the perfect picture. Participants must bring their own camera.

Date: Saturdays, 3/13 & 3/27**Times:** 10:00 a.m.-12:00 p.m.**Cost:** \$10.00 per class

Register for both classes by 3/4 and pay \$15.00

Location: Civic Center**Zumba Kick Off Party**

Instructor: Tracey Kinyo

Zumba is coming to the Civic Center. Come learn about this popular fitness class and get ready for our weekly classes. Be sure to wear tennis shoes, comfortable clothing, bring a water bottle and be ready to have fun!

Date: Sunday, 3/21**Time:** 2:00-5:00 p.m.**Cost:** \$10.00

\$5.00 if you bring in 5 canned goods.

Location: Civic Center